



SKELETAL HEALTH EDUCATION OPPORTUNITIES

Hologic understands the challenges of staying current in the ever-changing practice of medicine. We strive to improve diagnostic skills by addressing educational needs through diverse impactful programs and informative resources. We are committed to providing you with the knowledge and confidence to deliver the best care for patients.

PRESENTED BY **HOLOGIC BREAST & SKELETAL HEALTH MEDICAL EDUCATION**

Skeletal Health Education Opportunities

Accredited Courses

<i>All programs award 1.0 AMA PRA Category 1 Credit and/or 1.0 ARRT Category A Credit unless otherwise noted</i>	PROVIDED BY
DXA-101: The Basics of Bone Densitometry Online course for technologists; Awards 1.0 ARRT Category A Credit and approved as CPD activity by Australian Institute of Radiography	Hologic
Expanding Role of DXA in Patient Health and Human Performance John Shepherd, PdD, CCD - UCSF School of Medicine, San Francisco, CA <i>Available in English & Spanish</i>	ICPME
Osteoporosis Update 2015: It's All About the Fractures Ethel S. Siris, MD - Columbia University Medical Center, New York, NY	ICPME
Understanding Body Composition Assessment with Visceral Fat Online course for technologists; Awards .5 ARRT Category A Credit	Hologic
Visceral Fat: The Invisible Health Risk Vyvyane Loh, MD - Transform Institute for Metabolic & Lifestyle Medicine Newton, MA	ICPME

DXA University

DXA University has been designed to provide you with education, background and resources with different levels and content duration for ease of learning - Jacob Wilson, PhD, Applied Science & Performance Institute, Tampa, FL Non-accredited program

DXA University Introduction & Overview This will highlight the goals of DXA University modules and provide an overview of why DXA is so important for today's clinicians and athletes.

Introduction to DXA This is an overview of DXA - The Gold Standard. This module will introduce you to the device specially designed to provide accurate assessments of an athlete's complete body composition.

Different Body Composition Modalities This provides pros and cons of different body composition methods available today which will help to make educated decisions around which method for assessment is right for you, your practice, and human performance goals.

Reading DXA Reports This module will highlight the parts of the DXA report that are most beneficial to you and your training programs. It will also help you understand the different components of the report and explain how these numbers can benefit you and your training program.

The General Role of DXA in Baseball This module discusses DXA's role in baseball. In this module Dr. Wilson talks about how DXA helps in monitoring key performance attributes in baseball.

Profiling Positioning Demands In this module Dr. Wilson talks about the importance of different performance attributes and how it is various from youth to pro, how it can be different within the professional level, also how body composition can vary from rookies to veterans. Moreover, body composition varies across position.

DXA as a Monitoring Tool This module goes over how DXA can be used as a monitoring tool in baseball. Dr. Wilson discusses the role of DXA's precision and accuracy and how it helps him set the athlete's baseline. He also talks about the importance of setting an accurate baseline to monitor changes and why DXA is the gold standard monitor body composition.

Courses, faculty and locations are subject to change.

**For questions, contact MedEd-BSH@hologic.com
Visit www.hologiced.com for additional education opportunities.**